

HYGIEIA

ΥΓΙΕΙΑ

e-NEWS

Upcoming Events

- ❖ **FEB 2020:** HMSA "Drive the Range" Day Winery Social Event
- ❖ **MARCH 2020:** Queens Hall Parliament Meeting: w/ Jenny Mikakos MP
- ❖ **MARCH 2020:** Women's Day Event
- ❖ **HMSA Educational Weekend Day Conference**
- ❖ **Public Education Seminars in 2020:** Oncology, Dementia, Heart Health

HMSA Radio



HMSA in 2020, aims to have a greater radio presence with interviews and broadcasts discussing public health and medical education. All welcome! No prior radio experience required! Stay tuned for more details!

To register your interest in being part of the HMSA Radio Team & guest speaker broadcasts: info@hmsa.org.au

Subcommittees

Positions are now available for the following HMSA subcommittees:

- Events, sponsorship & membership
- E-Newsletter/ Website
- Medical Education
- Public Health Promotion
- Medical Philanthropy
- Doctors in Training (DiT)

Contact:
info@hmsa.org.au

Introducing the HMSA Doctor Directory



Applications in 2020 will soon be open to have your name registered in our all new Doctors Directory for HMSA member doctors.

The directory will allow patients to search for doctors by **specialty**, **area** and **consulting language**.

For registration enquiries: info@hmsa.org.au

A MESSAGE FROM HMSA PRESIDENT DR MARINIS PIRPIRIS

Dear members,

The HMSA welcomes you to the Christmas edition of Hygieia. 2019 has been a productive year for the HMSA with a focus on improving health literacy amongst the wider community, sharing knowledge and experience and developing synergies within the healthcare space. HMSA has focussed on community activities to strengthen ties between doctors, the community and Australian & Greek healthcare systems.

Members of the HMSA celebrated the end of the year in style at Eleven40 Studio & Events in Malvern, in "Top Gear". Over 90 members and special guests came together to reflect on the year that had passed, and the achievements of the organisation collectively as well as of various individual members. With a novel, "Top Gear" venue that doubles as a prestige car photographic studio as an inspiring backdrop, it was indeed an evening of laughter and good cheer as friends and colleagues spent time catching up, reminiscing and looking forward to Christmas and the New Year.

We were privileged to help organise a public education event, the Puzzle of Dementia, during Dementia Awareness Month, in collaboration with Fronditha Care. Drs Arthur Kokkinias, Nick Roubos, Chris Plakiotis & Georgia Tzempetis RN were joined by the Honourable Jenny Mikakos and many others to improve the paroikia's understanding of this very challenging affliction. The event was hosted at Oakleigh Grammar. The HMSA contributed to a very informative children's book on Dementia, which was successfully launched on the day. The HMSA has also been invited to contribute to a Moving Pictures Project through the National Ageing Research Institute. This is a project which has also been rolled out to other CALD communities, including the Chinese and Indian Communities.

Dr Jenny Proimos, Paediatrician, and Dr Jennifer Papoutsis, Senior Clinical Neuropsychologist, presented a very informative seminar on Adolescent Health at the Lyceum at Alphington Grammar.

Professor Dennis Velakoulis, Professor of Neuropsychiatry at the Royal Melbourne Hospital, and Dr Nick Christelis, Director of Pain Specialists Australia, provided a great evening of professional development in the Brain and Pain Seminar at the QPO.

Dr Helen Evnomia Stergiou, Emergency Physician and Trauma Consultant at Alfred Health, and Dr Abbey Wilcox, Senior Clinical Haematologist, Austin Hospital, presented a comprehensive review of advances in Trauma Management and Thromboembolism.

Dr Betty Messazos-Trapetsa presented to the Anemones in a celebration of International Women's Day and the HMSA celebrated the International Women's Day acknowledging all women around the world with a tribute to women involved in the field of medicine.

The HMSA executive, Drs George Stabelos, Arthur Kokkinias, Arthur Nasis, Betty Messazos-Trapetsa and HMSA president, Associate Professor Marinis Pirpiris, had a very successful meeting with the Honourable Jenny Mikakos and Steve Dimopoulos to discuss the HMSA's vision and goals.

Two members of the Executive, Drs Arthur Kokkinias and George Stabelos were elected to the Board of Fronditha Care and we welcomed the announcement of Professor Eugenia Pedagogos, HMSA member and Renal Research Lead, Western Health, as President and Chair of the Board of Directors Fronditha Care. We wish them all the very best in these important roles.

The HMSA attended many events including the HACCI Ball, Fronditha Ball and an AHEPA fundraising ball for the Neuropsychiatry exchange program between Victoria, through the Royal Melbourne Hospital, and Greece. We were fortunate to hear from the two current international research fellows during our End of Year Function, Drs Rigas Soldatos (psychiatrist) and Ioanna Pachi (neurologist).

The HMSA attended the enthronement of His Eminence Makarios Griniezakis, Primate of the Greek Orthodox Church in Australia. The Executive met with His Eminence in a private meeting and shared the HMSA's vision of improving the health literacy amongst the Greek Orthodox parishioners and faithful.

The HMSA attended a meeting of the Archbishop, Bishops and Holy Fathers and reinforced the Archbishop's view of the significant role of the Church in encouraging open dialogue and appropriate referral for conditions affecting both physical and mental wellbeing amongst the Orthodox faithful.

The year came to a close with a wonderful end of year member function at the Eleven40 Studio. We were fortunate to have the Honorary Jenny Mikakos, Minister for Health and Minister for Ambulance Services, and a Member of the Legislative Council for Northern Metropolitan Region, Steve Dimopoulos MP, State Member for Oakleigh District and Parliamentary Secretary to the Treasurer, and Bill Papastergiadis OAM, President of the Greek Community of Melbourne, amongst many other guests. Professor Christopher Christophi, Chair of the University Department of Surgery at Austin Hospital, Head of the Hepatobiliary Transplant Unit and Chairman of the Division of Surgery at the Austin Hospital Melbourne became the HMSA's inaugural Life Member.

2020 will also see the addition to the site of the HMSA "Doctor Finder Directory", where the public and professionals can search for a specialist or other doctor of their choice.

We would like to thank all our wonderful sponsors, including Dorevitch Pathology, Zaparas Lawyers, Health Watch Australia and Mercedes Melbourne. We wish all the fortunate auction winners all the best in their Mercedes Drive Day in the New Year.

I would like to wish you all a very Merry Christmas, a safe and Happy New Year and a restful and reflective Holiday Season. Please enjoy this edition of Hygieia.



The Hon Jenny Mikakos MP & Steve Dimopoulos MP, together with HMSA Board members at the very successful HMSA 2019 End of Year Event.



Some of the attendees at the HMSA End of Year event. Note the awesome Mercedes prestige car backdrop, that formed part of the "Auction" on the night, for our successful winners of the HMSA "Drive the Range" winery event on Friday Feb 7th 2020.

HMSA DEMENTIA PUBLIC FORUM ATTRACTS HUNDREDS



Keynote speaker Jenny Mikakos, Minister for Health & Minister for Ambulance Services

Over 250 members of the public attended an educational event at Oakleigh Grammar on dementia. The joint initiative of the Hellenic Medical Society of Australia (HMSA) and Fronditha Care, brought together a panel of medical experts and service providers to share their insights on the disease, on a day marking the conclusion of Dementia Action week (16-22 September).

Minister for Health, Jenny Mikakos was the keynote speaker of the event, with presentations delivered in the Greek language.

Leading up to, and following the forum, the HMSA together with Fronditha Care engaged in a public media campaign (print, radio, social media) to raise awareness and to improve health literacy of this highly prevalent group of disorders.



The Honourable Jenny Mikakos MP and Steve Dimopoulos MP, along with the panel of expert speakers and community representatives

Also, follow the links below to further media articles regarding the event and the associated media education.

- <https://neoskosmos.com/el/226201/mikakou-ypologizetai-oti-peripou-3-000-ellines-sti-viktoria-paschoun-apo-anoia/>
- <https://neoskosmos.com/el/225943/terastio-to-endiaferon-ton-ellinon-tis-afstralias-gia-tin-anoia/>
- <https://neoskosmos.com/en/145903/dementia-and-the-specific-needs-of-greek-australians/>
- <https://neoskosmos.com/en/146296/dementia-action-week-mrs-p-and-the-heartbreak-of-dementia/>
- <https://neoskosmos.com/el/225714/oi-prokliseis-pou-antimetopizei-mia-oikogeneia-otan-ena-melos-tis-paschei-apo-anoia/>
- <https://neoskosmos.com/el/225542/i-anoia-pos-tin-anagnorizoume-kai-ti-mporoume-na-kanoume/>
- <https://neoskosmos.com/el/225145/i-anoia-kai-oi-ksechoristes-anagkes-ton-ellinoafstralon/>

[Click here](#) to read an article about the event, published on the NEOS KOSMOS website

ADOLESCENT HEALTH TALK 2019



Pictured from left to right: Dr George Stabelos, Dr Jenny Proimos, Dr Jennifer Papoutsis, Dr Maria Raftopoulos, Mr Rowan Evans

HMSA was very fortunate to host a highly informative presentation last September at Alphington Grammar School. Dr Jenny Proimos, Paediatrician, Adolescent Medicine and Dr Jennifer Papoutsis, Senior Clinical Neuropsychologist who spoke about their work in their respective fields of medicine and helped those present gain a better understanding of how we can support our adolescents in dealing with the challenges that they currently face.

Dr Jenny Proimos, spoke openly about Technology and Young People and the pros and cons surrounding social media use. While Dr Jennifer Papoutsis addressed the important issues regarding Adolescent anxiety and the strategies we can employ as parents and educators to help.

The event drew over one hundred people from the School Community as well as the broader Greek Community. The audience were highly engaged throughout the presentation and greatly appreciative of the opportunity to hear from these highly credentialed and experienced professionals.

Thank you to Alphington Grammar School parent Dr Maria Raftopoulos and Dr George Stabelos, HMSA Vice President for helping deliver such a valuable and informative event.

Links to Dr Proimos' and Dr Papoutsis' presentations are viewable on our website [here](#).

[Click here](#) to read an article about the event, published on the NEOS KOSMOS website

[Click here](#) to view the event gallery on the HMSA website

FRONDITHA CARE 2019 GALA DINNER

With keynote speaker Professor Dennis Velakoulis



The HMSA was invited to attend Fronditha Care's biennial gala dinner and was requested to provide the keynote address. HMSA member Professor Dennis Velakoulis, Clinical Director of the Neuropsychiatry Unit at the Royal Melbourne Hospital and internationally acclaimed researcher, accepted and provided an insight into the alarming rates of dementia in Australia and the lack of accessible specialist care to meet increasing demand.

[Click here to read a newspaper article for further details of the event](#)

HMSA MEETS WITH HEALTH MINISTER JENNY MIKAKOS



*The HMSA Board Executive meeting with the Health Minister at Parliament House. Pictured from left to right: **Dr Arthur Kokkinias (Secretary)**, **A/Prof Marinis Pirpiris (President)**, **The Honourable Jenny Mikakos**, **A/Prof Arthur Nasis (Treasurer)**, **Mr Steve Dimopoulos MP**, **Dr Betty Messazos-Trapetsas (Communications/ Education)**, **Dr George Stabelos (Vice President)***

The Hellenic Medical Society of Australia (HMSA) Board's Executive met with the Victorian Health Minister, the Honourable Jenny Mikakos, and with MP for the Seat of Oakleigh, Steve Dimopoulos, to discuss issues around the health of Greek Australians and the wider Culturally and Linguistically Diverse (CALD) population.

See links below to Neos Kosmos news articles for details about the discussions.

- <https://neoskosmos.com/en/147402/the-hellenic-medical-society-of-australia-meets-with-victorian-health-minister-jenny-mikakos/>
- <https://neoskosmos.com/el/226643/synantisi-giatron-tis-paroikias-me-tin-ypourgo-ygeias/>

EMERGENCIES & TRAUMA SEMINAR

An Update on Emergencies, Trauma and Venous Thromboembolism Management



Tuesday 8th of October marked another successful professional development night of the Hellenic Medical Society of Australia. HMSA members flocked to an informative discussion on trauma management within the Emergency Department, together with an update on venous thromboembolism and its treatment.

Keynote speakers of the night included Dr Helen E. Stergiou, Emergency Physician and Trauma Consultant from Alfred Hospital and Dr Abbey Willcox, Haematologist from Austin Hospital. Helen presented a systematic approach to trauma management and highlighted the increasing challenges we all face in managing Older Trauma Patients who sustain falls. Helen touched on some of the physiological changes in our older population, which predispose them to specific clinical outcomes. In addition to the clinical aspects of her presentation, Helen discussed the Victorian State Trauma System and presented data on its internationally-renowned work.

Subsequent to the update on trauma, Dr Willcox provided HMSA members with an insightful update on venous thromboembolism – clots of the extremities, as well as other organ systems, and medications of choice in treatment. This is an extremely common and important clinical presentation that can be fatal, if not managed appropriately. She demonstrated complications of inadequate treatment and explained current recommendations. There was a full capacity attendance of 50 doctors who enjoyed a social and informative evening.

Benjamin Filipopoulos

[Click here to read an article about the event, published on the NEOS KOSMOS website](#)

[Click here to view the event gallery on the HMSA website](#)

HMSA AT THE ARCHDIOCESE SYNAXIS



His Eminence Archbishop of Australia Makarios invited the HMSA to present at a Synaxis of Melbourne's clergy in October 2019.

The HMSA representatives Drs Arthur Kokkinias, Helen Stergiou, Maria Raftopoulos and Ben Filipopoulos highlighted the medical issues facing the older Greek born population and focused on mental health issues. The Archbishop is keen for local churches to facilitate educational events for their parishioners utilising the HMSA's expertise. The synaxis also served as an educational event for clergy on issues around depression, psychosis, dementia, use of psychotropic medications, the stigma of mental illness, suicide and pathways to accessing care. A lively question and answer session followed the formal presentation. The Archbishop also announced the proposal for a drug rehabilitation centre to be established at Axion Esti Monastery.

See attached article for more information.

<https://www.greekorthodox.org.au/?p=20724>

AHEPA FUNDRAISER BALL FOR GREEK FELLOWS UNDERTAKING RESEARCH IN AUSTRALIA



Some HMSA members present at the ball together with the visiting fellows from Greece Dr Rigas Soldatos and Dr Ioanna Pachi

The Australian Hellenic Educational Progressive Association (AHEPA) held a dance to raise funds for The Royal Melbourne Hospital and the University of Melbourne to sponsor young Greek Psychiatrists and Neurologists who wish to undertake neuropsychiatric research in Australia (The Australian Hellenic Research Fellowship Foundation) under the mentorship of Professor Christos Pantelis and Professor Dennis Velakoulis. This collaboration between Greece and Australia aims to provide Greek doctors with experience in research in their chosen area of expertise.

The first Hellenic Australian research fellow has returned to Athens and is continuing his program of research in Schizophrenia. This year two more researchers from Athens University are being sponsored to research Parkinson's Disease (Dr Ioanna Pachi) and to further the research into Schizophrenia (Dr Rigas Soldatos).



Professor Dennis Velakoulis, Dr Rigas Soldatos, Dr Ioanna Pachi and Professor Christos Pantelis.



HMSA member Dr Louisa Patrikios with the two visiting fellows

The focus for the next research fellowship will be on understanding Younger Onset Dementia.

There were two fantastic bands to dance the night away. An enjoyable night was had by all. Professor Dennis Velakoulis and Mrs Debbie Argyropoulos were the event's MCs, together with AHEPA representatives Mr George Keskerides (AHEPA Atlas Unit President). The two fellows also made heartfelt speeches. The HMSA was represented by a number of doctors including Dr Louisa Patrikios, Dr Magdalena Simonis, Dr Doris Daglas, Dr Georgios Iatropoulos, Dr Mary Stavropoulou - Hett, Dr Nick Roubos, Dr George Stabelos, Dr Arthur Kokkinias and the organisers of the initiative Professors Dennis Velakoulis and Christos Pantelis.

If you would like to donate or find out more about this initiative, please go to <https://doyourownthing.everydayhero.com/au/greek-australian-travelling-fellowship>



The HMSA table



The HMSA table

[Click here](#) to view the event gallery on the HMSA website

[Click here](#) to read an article about the event, published on the NEOS KOSMOS website

[Click here](#) to read speech transcripts of the visiting registrars

SCENES FROM HMSAs 2019 SUCCESSFUL END OF YEAR EVENT



A snapshot of HMSA members and special guests mingling on the night



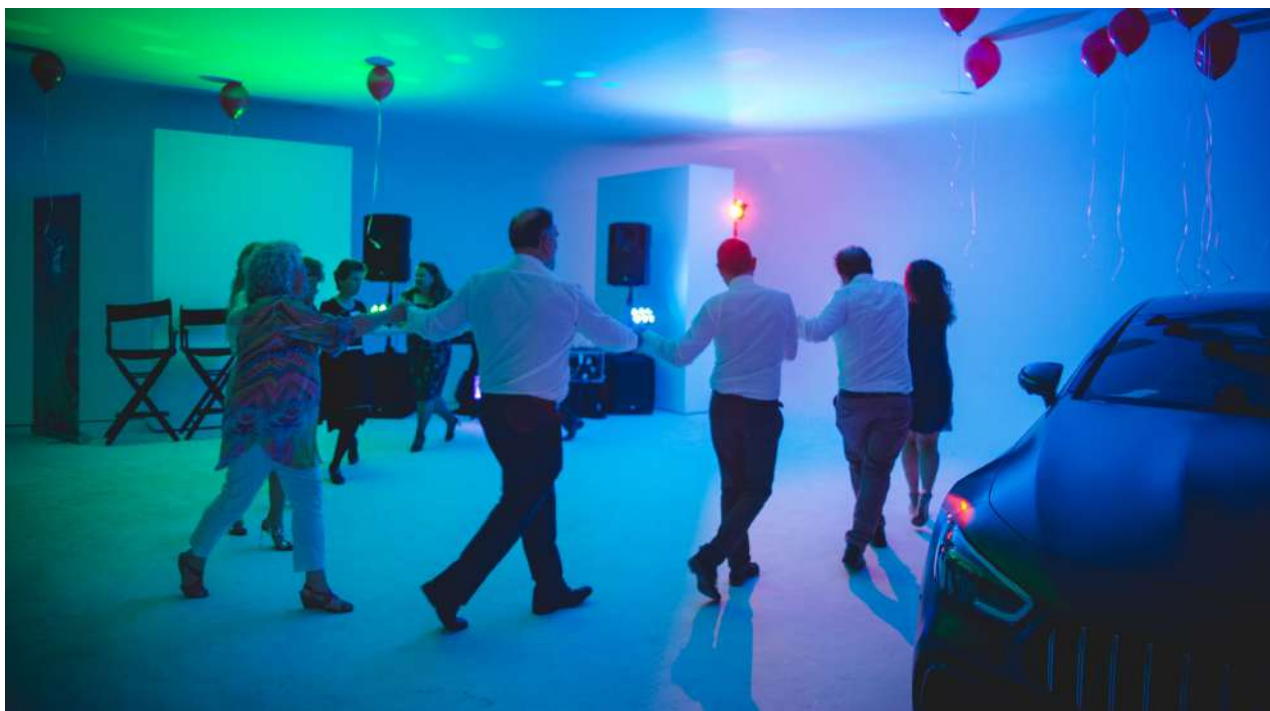
Special guest speaker Professor Christopher Christophi



'The Stig' with the prestige car on display in the venue



HMSA members applaud Professor Chris Christophi on his achievements



A full set of photographs from the end of year event will be accessible on our website shortly

See links below to view articles about the event, published on the Neos Kosmos website:

- [Greek article](#)
- [English article](#)

WHO IS HMSA AND WHAT IS OUR MANDATE?

Dr George Stabelos, GP, HMSA Board vice president



Are you Connected with HMSA?

If we were going to summarise in one word, what our main reasons for our existence at the Hellenic Medical Society of Australia (HMSA), it would be to “connect”. We aim to connect:

1. Medical professionals with other medical professionals, support & promote collegiality, predominantly locally, however also internationally.
2. Medical professionals with the public and community at large, including with other community organisations.
3. Medical professionals with government.
4. Medical professionals with other relevant stakeholders as is relevant to their practice eg other health professionals, pathology and other similar providers, financial institutions, legal services etc

Then there are other connections that are useful. Connections or support for training and research, support for medical philanthropy, connections with other professionals etc. For more information on HMSAs aims, values, vision and mission, visit **www.hmsa.org.au**

Who is the HMSA and what are our demographics like?

There are more than 400 medical practitioners on the HMSA Victorian database alone. Here are some interesting demographics:

Overall snapshot of demographics

- General Practitioners - 42%
- Physicians, Surgeons, other specialties, doctors in training - 58%
- Doctors in training alone, including medical students - 11%

Most popular medical specialties apart from general practice are as follows:

- Anaesthetics - 5%
- Emergency Medicine and Trauma - 5%
- Psychiatry - 5%

Most under represented specialties (less than 1% of cohort)

- ENT surgery
- Medical Administration
- Oral Maxillofacial Surgery
- Rheumatology
- Vascular Surgery
- Geriatric Medicine
- Neurology
- Rehabilitation Medicine
- Sports Exercise Medicine

Should the HMSA have a say in workforce matters?

The above statistics do not consider age. It is apparent that qualified medical practitioners by specialty @HMSA, outnumber doctors in training by a ratio of 9:1. What are the future implication of this as the workforce ages and how should this be addressed?

HMSA aims to have the public interest and that of the profession at heart. There is a shortage of young medical professionals in various disciplines as described above and also in general practice. Skilled, bilingual practitioners, are in high demand and there is anecdotal evidence at the doctor-patient coal face, that intercultural skills result in improved communication and patient care, as well as career advantages (1-2).

We are also aware that there are overseas trained colleagues both in Greece and other countries, with those skills, who are considering careers in Australia. These doctors face various barriers in making it to our shores. Existing advice on the Australian government website for IMGs, which is not always easy to follow, let alone institute, is one of those barriers (3). HMSA Board director of doctors in training, Dr Ben Filipopoulos, has recently translated this document into Greek and added further information and is to be congratulated on his efforts. The document will soon appear on the HMSA website.

There is a view that we should be facilitating openings **in areas of workforce need** and the possibility of an opposing view that this is not our mandate. What do you as members think about this topic and do you have any comments or suggestions? Does anyone have any personal experience or interest in this area? As a professional association, what is in the best interests of the profession and the public? Drop us a line at info@hmsa.org.au and let us know your thoughts.

References

1. The New American Economy. (March 2017). Not Lost in Translation: The Growing Importance of Foreign Language Skills in the U.S. Job Market. April 25, 2017, from newamericaneconomy.org/wp-content/uploads/2017/03/NAE_Bilingual_V6.pdf
2. Benefits of Bilingual Physicians (April 2018) <https://medschool.ucla.edu/body.cfm?id=1158&action=detail&ref=752>
3. <https://www.medicalboard.gov.au/registration/international-medical-graduates.aspx>

AMA NEWS, December 2019

Dear all,

Welcome to the latest instalment of AMA news for medical doctors, students and doctors in training.

AMA Annual Private Health insurance Report Card 2019

This year, major private health insurance policies were rated for affordability and coverage after the Government Private Health Insurance reforms were introduced, to better inform patients of their choices.

AMA President Dr Tony Bartone warned that the PHI sector in Australia is “on a precipice” with more Australians dropping out as premiums increase 3 to 5 percent yearly compared to wage increases of 2 percent. He stressed this was not a result of increased doctors’ fees as the MBS and the allied private hospital insurance rebates “have been largely frozen for five out of the last six years.” Further, he noted, “Over the last few years in particular, as much as 88 per cent of services are being provided in what we call a no gap environment. That is at zero cost to the patient.”

“The Government must build on the reforms and address indexation and variation in rebates and insurer contracts. We need to work to bring back the value in insurance policies, before it is too late,” he stated.

The report card can be found here

AMA declares: “Climate change is a health emergency”

Since 2004, the AMA has recognised climate change has health consequences. It has now joined the American Medical Association, the American College of Physicians, the British Medical Association, the World Health Organisation, and Doctors for the Environment Australia, in declaring climate change a health emergency.

Indeed, the WHO recognised climate change as the “greatest threat to global health in the 21st century” in 2015.

AMA President Dr Tony Bartone said, “The AMA accepts the scientific evidence on climate change and its impact on human health and human wellbeing.”

According to the AMA’s revised 2015 Position Statement on Climate Change and Human Health:

“Human health is ultimately dependent on the health of the planet and its ecosystem. The AMA recognises the latest findings regarding the science of climate change, the role of humans, past observations and future projections. The consequences of climate change have serious direct and indirect, observed and projected health impacts both globally and in Australia...”

“There is robust evidence to show hot weather increases mortality in Australia, with air pollution exacerbating this relationship.”

The statement lists “projected health impacts of climate change in Australia” as “heat-related impacts, food- and water-borne diseases, vector-borne diseases, respiratory illnesses” and “indirect aspects: climate-related disasters, including persistent and severe drought, floods, and storms.”

The AMA is committed to working with government and organisations and proposes urgent action, including:

A National Strategy for Health and Climate Change

A National Sustainable Development Unit to reduce carbon emissions in the healthcare sector

Carbon budget mitigation targets

Active transition from fossil fuels to renewable energy sources

The latter would simultaneously reduce air pollution and improve air quality.

According to the Position Statement, “Long-term exposure to urban air pollution accounts for 1.5% of all deaths in Australia and short-term exposure accounts for a further 0.8%.⁵⁵ The health cost of air pollution in Sydney alone is estimated to be between \$1 billion and \$8.4 billion each year.⁷¹ Air pollution from motor vehicles and coal-fired power generation are estimated to carry annual health costs of AU\$2.7⁷² and \$2.6⁷³ billion respectively.”

Find further information on climate change and our health in the links below:

- [AMA Position Statement on Climate Change and Human Health](#)
- [MJA 2018 report on the effects on Australian health](#)
- [Lancet 2018 report on the effects on global health](#)

AMA media releases for public safety over the Christmas and New Year holiday period

On staying safe during summer heatwaves

<https://ama.com.au/media/stay-safe-during-summer-heatwaves>

On driving safely over the holidays

<https://ama.com.au/media/arrive-alive-drive-safely-over-holidays>

On avoiding injuries over Christmas

<https://ama.com.au/media/christmas-tis-season-increased-injuries>

In this time of extreme temperatures, drought and bushfires, may we endure and work together peacefully towards a better world and future for all.

I wish everyone a safe, healthy and Merry Christmas, and a Happy New (leap) Year in 2020 with family and loved ones as we usher in the decade of the 20's,

Mary Stavropoulou

HMSA Board member and representative serving on AMA Victorian Council



MERRY CHRISTMAS

The Board of the Hellenic Medical Society of Australia wishes you and your loved ones a joyous Christmas period and a healthy and prosperous 2020.

Με την ευκαιρία των
Χριστουγέννων, το διοικητικό
συμβούλιο της Ελληνικής Ιατρικής
Ένωσης Αυστραλίας εύχεται σε όλα
τα μέλη και σε όλη την παροικία -
υγεία, αγάπη, ευτυχία,
δημιουργικότητα και επιτυχίες.
Καλές Γιορτές και Καλή
Πρωτοχρονιά!



Coming soon:



Introducing The HMSA Doctor
Directory

Available soon at: www.hmsa.org.au



Wine Tasting Evening

Stay tuned for more info



Medical Student Overseas
Scholarship

For applications, please visit :
www.hmsa.org.au/node/79



HMSA Future of Medicine
& Business Seminar

Stay tuned for more info

HMSA STATISTICS

www.hmsa.org.au



HISTORY

40+ year history as a professional body; revamped as HMSA in 2015

PAST EVENTS

17 doctor, public health promotion, other events, presentation or radio appearances in the last 24 months

PUBLIC SEMINARS

Public educational seminars: 2 – 4 per year in the last 3 years with attendance at 50–80 people

FUTURE AIMS

Aiming at 4 doctor specific educational/ social events per year

PROPOSED CONFERENCES

2020

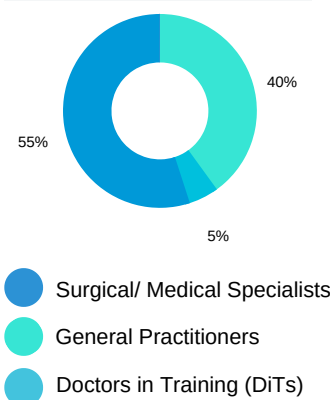
Category 1 CPD conference with projected attendance 90–150 doctors

2021

HMSA International Greece conference (Summer 2021)

MEMBER DEMOGRAPHICS

400 Doctors on Victorian HMSA database



HMSA BOARD 2019

www.hmsa.org.au



Associate Professor Marinis Pirpiris

President
Orthopaedic Surgeon

Dr George Stabelos

Vice President
GP

Dr Arthur Kokkinias

Secretary
Psychiatrist

Associate Professor Arthur Nasis

Treasurer
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Communications
Paediatric Endocrinologist

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Education
Endocrinologist

Dr Mary Hett-Stavropoulou

AMA Representative
GP – Skin Cancer Medicine

Mr George Koufogiannis

Finance
Urological Surgeon

Mr Kosta Syrrakos

Finance
General Surgeon

Dr Nick Roubos

Education
GP

Dr Benjamin Filipopoulos

Doctors in Training
Medical Officer

Dr Nicholas Mingos

Doctors in Training
Medical Officer

Dr Maria Raftopoulos

Education
GP

Dr Helen E. Stergiou

Education
Emergency Physician & Trauma Consultant

Dr Brian Pliatsos

Education
GP

HMSA Aims & Objectives:



- Sharing medical knowledge and experience
- Facilitating connections and synergies between doctors and the community
- Promoting medical education and research
- Supporting medical philanthropy

HMSA Vision Statement:

Enabling doctors to promote better health for all Australians including those of Hellenic descent



HMSA Mission Statement:



Unite doctors with the community to achieve better health and inspire lifelong advancement in knowledge

SPONSORSHIPS AND PARTNERSHIPS

❖ Partnership and sponsorship enquiries: info@hmsa.org.au

PLATINUM SPONSORS



OTHER SPONSORS



COMMUNITY SUPPORTERS



GREEK COMMUNITY
OF MELBOURNE



SPECIAL THANKS TO MANUEL TSIRMIRIS



The HMSA board would like to sincerely thank Manuel Tsirmiris, Managing Director of The Accountancy Group for his work with the Society. We would also like to express our gratitude to Manuel who undertakes the Society's accounting and financial oversight pro-bono and has been of tremendous assistance to the HMSA.

Manuel is an entrepreneurial accountant, he works closely with SMEs as well as larger corporate entities, some ASX-listed entities. Manuel's tax, corporate & management experience provides his clients with additional finance and corporate experience ensuring corporate & financial governance. Manuel has over 25 years experience, holding a Bachelor of Business and is a qualified CPA, SMSF Auditor and a Fellow of the Tax Institute.

[Click here for a link to 'Your Knowledge' newsletter by The Accountancy Group.](#)

Topics covered include superannuation and in particular how this affects our medical specialists and their superannuation entitlements.